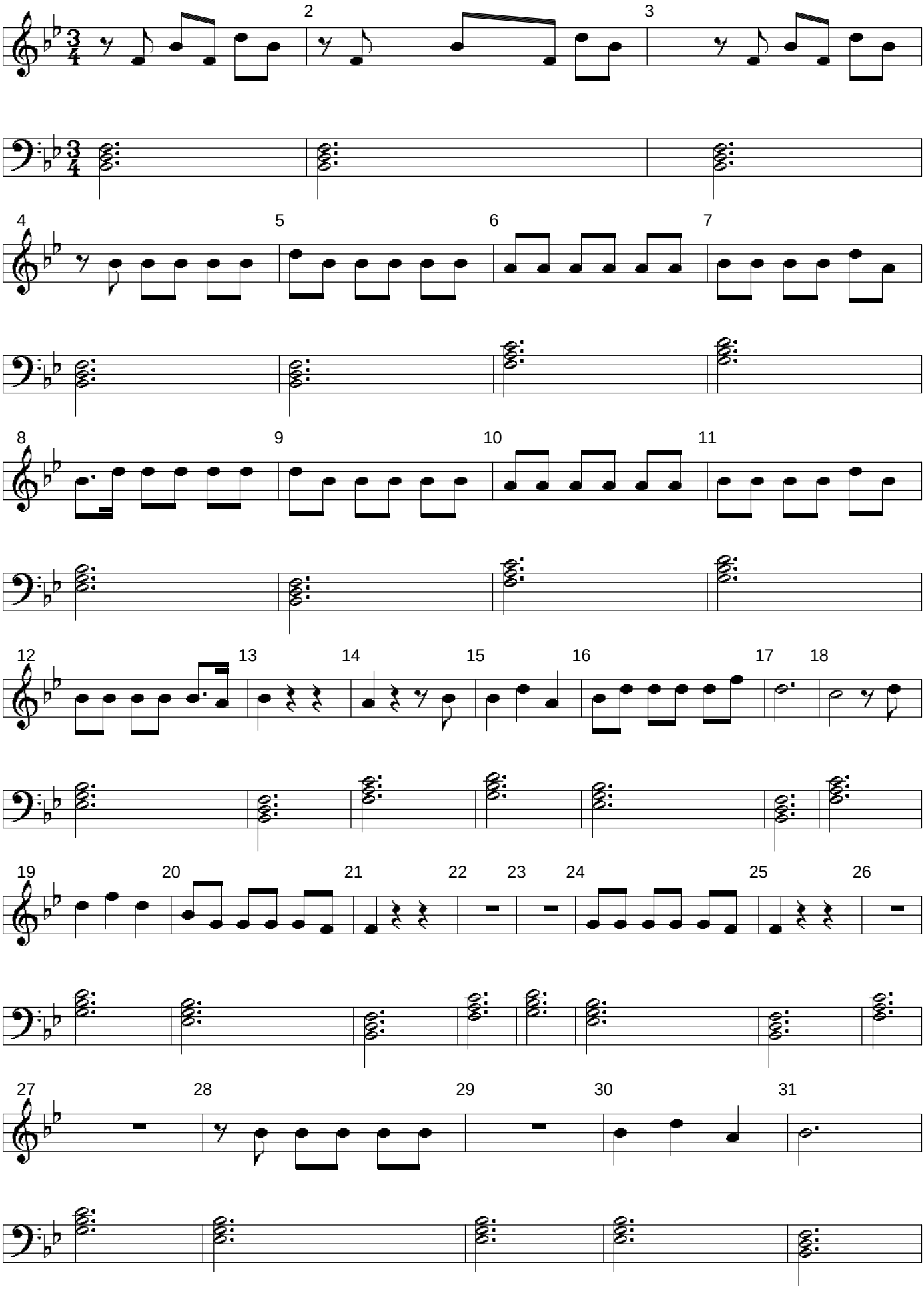Quelqu'un m'a dit